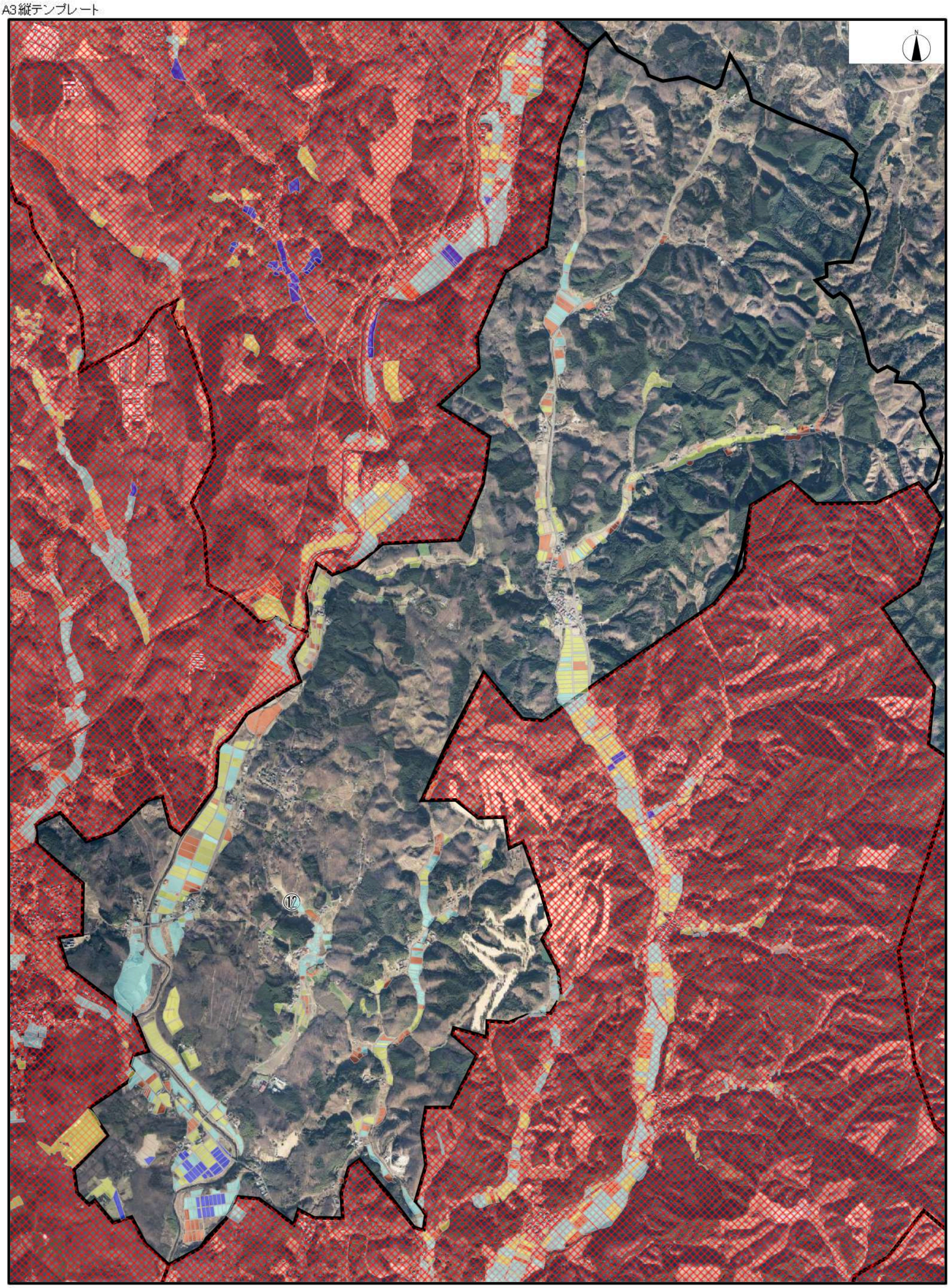A3縦テンプレート